

KW/LW

16th November 2022

Dear Parent/Carer

City Schools Cross Country Championships 2022 (Year 8 & 9 and Year 10 & 11)

Your child has been selected to represent RRMA in this year's city schools cross country championships at the Sheepmount, Carlisle on Wednesday, 23rd November 2022. They will leave school at 11.45 am and return at approximately 3 pm provided there is no over-run.

The order of events will be **Junior Girls Year 8 & 9, Junior Boys Year 8 & 9, Intermediate Girls Year 10 & 11** and **Intermediate Boys Year 10 & 11**. The first event, Junior Girls, will commence at 1 pm and each event thereafter 12 minutes later.

Your child will need to bring with them:

- Plenty of drink (preferably water)
- Full PE Kit as these are the team colours
- Running spikes, football boots or trainers
- Waterproof/Warm Jacket
- Inhaler if asthmatic
- Packed Lunch

Please return the slip below to me by Tuesday, 22nd November 2022.

If you have any queries, please don't hesitate to contact me at the Academy.

Yours sincerely

X Wilson

Mr Karl Wilson Assistant Principal/Subject Leader of PE		
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Please return this permission slip to Mr Wilson, Subject		
City Schools Cross Country Championships (Year 8 & 9	and Year 10 & 11) 2022	
I give/do not give* permission for my child: Championship on Wednesday, 23 rd November 2022. *		
I can confirm that medical and contact information are	e as currently held by the so	chool.
Signature:	Date:	
chard Rose Morton Academy Wigton Road, Carlisle CA2 6LB		



